

“We cannot preach what we do not practice”

Coepit facere et docere - Jesus began to do and then to teach. You and I have to bear witness with our example, because we cannot live a double life. We cannot preach what we do not practice. In other words, we have to teach what we are at least struggling to put into practice. (The Forge, 694)

December 1

God has not just said that he loves us. He has proved it with facts... He came to teach us, but he taught us by doing things. In teaching us, he was the model, being our teacher and setting us an example with his conduct.

Now, in front of the infant Jesus, we can continue our personal examination of conscience. Are we ready to try to make our life a model and an example to our brothers, the rest of men, our equals? Are we ready to be other Christs? It's not enough to say that we are. I am asking you now — as I ask myself: Can it be said also of you, you who have been called to be another Christ, that you have come to do and to teach, to do things as a son of God would? Are you attentive to the Father's will, so as to be able to encourage everyone else to share the good, noble, divine and human values of the redemption? Are you

living the life of Christ, in your everyday life in the middle of the world?

Doing God's work is not just a pretty phrase. It is an invitation to spend ourselves for Love's sake. We have to die to ourselves and be born again to a new life. Jesus Christ obeyed in this way, even unto death on a cross; that is why God exalted him [1]. (Christ is passing by, 21)

[1] Phil 2:8: *Propter quod et Deus exaltavit illum*

pdf | document generated
automatically from <https://opusdei.org/en-us/dailytext/we-cannot-preach-what-we-do-not-practice/> (05/19/2024)